

SET APART: THE GRACE & GRIT OF HOLINESS

October 7, 2025

Dr. Zeb Cook // 1 Peter 1:13-16

CONNECT – Announcements (page 2) & Building Relationships

1. Is there anything noteworthy going on in your life since last week? Where have you seen God at work in your life or the lives of others?
2. Dr. Zeb Cook began the message this week with a story of caring for his kids when his wife was out of town – a situation he thought he could handle, but with some hilarious outtakes (overloading his daughter with caffeine, pleading for his wife’s grace). When have you found yourself in a similar humorous situation facing gritty circumstances where you had to appeal for grace afterwards?
3. Knowing that holiness calls us to be “set apart,” where do you sense the Lord calling you to stand out or go against the crowd because of your faith right now?

REFLECT - Out of the Word and Into Our Lives

4. Read 1 Peter 1:13-16 [have someone read it aloud for group time]. What stood out to you in the sermon this week and what did God reveal to you in His Word, maybe for the first time?
5. This passage begins calling for us to prepare our minds for action. What are some practical ways you have found to prepare your mind each day to direct your thoughts toward the things that honor Christ? (check out the Going Deeper section below for practical advice)
6. What habits, media, or messages would you say are most influencing the thinking of the world we live at right now, and how can we fight against the undercurrent that would draw us into those?
7. Peter calls for us to refuse to be conformed to the passions of our former ignorance. What are the patterns of your “old self” that you have the hardest time leaving behind?
8. How can the grace of God give us the grit to resist returning to our old ways?
9. Dr. Cook said “Pursuing holiness isn’t a burden – it’s a blessing.” When holiness feels more like a burden than a blessing, what needs to be corrected in our thinking?
10. Dr. Cook called for us to consider holiness in the context of a relationship rather than rulebook. How can we pursue holiness out of relationship rather than obligation?

PROTECT – Care for one another (divided, gender-specific groups)

11. Where do you sense the greatest battle in your heart and mind this week, and how can we pray for or encourage you in that area this week?
12. What would it look like for this group to better help and encourage one another in the pursuit of holiness with both grit and grace through everyday life?



Pray with a fresh acknowledgement of God's grace for the grit to run after the Lord with holiness this week as you lift any other prayers your group may share.

Announcements

A reminder for groups meeting before Sunday: Our **Church-Wide Game Night** will be **this coming Sunday, October 12 at 5pm!** We'll have soup and sandwiches, board games, great fellowship, and fun for the whole family. We'd love to see the whole church family there. Sign up to bring your favorite soup, sandwiches, or dessert to share with others here:

<https://www.signupgenius.com/go/10C054EA8A92AA7F4CF8-59140011-soup#/>

Next Saturday, October 18 at 10:30am, join other New Vision families at **Armstrong Artisan Farms in Walnut Cove** for a **family-friendly fall event** including a pumpkin patch, corn mazes, sunflower farm, games, music & more – over 30 activities are included. If you mention that you are with New Vision, you should receive a discounted admission of **\$13 per person** per event organizer Austin. With your admission, you'll take home a pumpkin. For more information, contact Ashley Gentry at 336.529.2993.

(Again for groups meeting before Sunday) **this coming Saturday, October 11**, our Titus 2 Women will host their monthly **Coffee & Prayer time in the church Connections Café at 9:30am**. All ladies are invited to attend, and we welcome any who would like to bring a small breakfast item to share.

Next Saturday, October 18 at 8am, our Men of Vision will have their monthly **Men's Breakfast**. Men, come out for a hearty breakfast and a great opportunity to be strengthened in the Word!

Individual Options for Going Deeper

Check out this article from Trevin Wax which urges us to be sure to situate our pursuit of holiness in the patient abiding in Christ:

<https://www.thegospelcoalition.org/blogs/trevin-wax/life-hack-holiness/>